

Invited Review Paper
Trauma

Pediatric facial fractures: recent advances in prevention, diagnosis and management

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Abstract. During the last 25 years, there have been considerable advances in the prevention, diagnosis and management of craniomaxillofacial injuries in children. When compared to adults, the pattern of fractures and frequency of associated injuries are similar but the overall incidence is much lower. Diagnosis is more difficult than in adults and fractures are easily overlooked. Clinical diagnosis is best confirmed by computed tomographic (CT) scans. Treatment is usually performed without delay and can be limited to observation or closed reduction in non-displaced or minimally displaced fractures. Operative management should involve minimal manipulation and may be modified by the stage of skeletal and dental development. Open reduction and rigid internal fixation is indicated for severely displaced fractures. Primary bone grafting is preferred over secondary reconstruction and alloplastic materials should be avoided when possible. Children require long-term follow-up to monitor potential growth abnormalities. This article is a review of the epidemiology, diagnosis and management of facial fractures in children.

During the past three decades, there have been considerable advances in the prevention, diagnosis and treatment of craniomaxillofacial (CMF) injuries. Preventive legislation (speed limits, alcohol restriction, use of helmets, shoulder and seat restraints), improved road construction measures and vehicle safety modifications (safety glass, padded dash boards, stronger

frames, collapsible steering columns, air-bags) have led to a significant decrease in the incidence and severity of road traffic accidents (RTA) in some countries^{2,97,129,122}. There has also been a corresponding decrease in the incidence and severity of CMF injuries, particularly in children below the age of 10 years^{4,51,66,105,122–124}.

Imaging techniques such as computed tomographic (CT) scanning with three-dimensional reconstruction have been developed and improved. They provide

the fine, unobstructed anatomic detail required to guide surgeons in achieving accurate reduction of fractures, especially in the midface region^{47,61,65,86,90}.

The introduction of rigid internal fixation into CMF surgery has revolutionized the treatment of facial fractures by allowing accurate reduction and fixation of bone fragments, stable three-dimensional reconstruction and by reducing the need for prolonged maxillomandibular fixation. Finally, improvements in airway, meta-

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bolic and anesthesia management have also helped to improve the outcomes for pediatric patients who suffer CMF injuries. This article reviews the current principles and recent advances in the management of facial fractures in children. This material was presented in greater detail in three recent book chapters on pediatric facial trauma^{11,12,135}.

Unique features of the pediatric patient

Children have a higher surface-to-body volume ratio, metabolic rate, oxygen demand and cardiac output than adults. They also have lower total blood and stroke volumes than adults. Therefore, the risk for hypothermia, hypotension and hypoxia after blood loss is higher in pediatric patients. Even mild airway swelling or mechanical airway obstruction can quickly compromise the airway. For these reasons, maintenance of the airway and breathing, control of hemorrhage and early resuscitation are even more critical and time dependent in children than in adults.

At birth, the ratio between cranial volume and facial volume is approximately 8:1. By the completion of growth, this ratio becomes 2.5:1³⁷. The retruded position of the face relative to the “protecting” skull is an important reason for the lower incidence of midface and mandibular fractures and higher incidence of cranial injuries in young children (less than 5 years of age)^{69,72}. With increasing age and facial growth, in a downward and forward direction, the midface and mandible become more prominent and the incidence of facial fractures increases, while cranial injuries decrease⁶⁹.

Facial fractures in children occur less frequently than in adults and they are more often minimally displaced. This is because a thicker layer of adipose tissue covers the more elastic bones and the suture lines are flexible. In addition, stability is increased by the presence of tooth buds within the jaws and the lack of sinus pneumatization^{65,90,132}.

The possibility of adverse post-injury growth disturbances, particularly after severe nasal septal and condylar injuries should be considered when planning treatment. Growth potential, on the other hand, may serve to improve long-term results as with compensatory condylar growth after condylar fractures⁶³. In addition, children in the deciduous and mixed dentition stages demonstrate some capacity for spontaneous occlusal readjustment, after injury and treatment, as deciduous teeth are shed and permanent teeth erupt.

Epidemiology of facial fractures in children

Incidence

Social, cultural and environmental factors vary from one country to another and influence the incidence and etiology of CMF trauma. In children, the incidence and etiology of CMF trauma are also affected by age-related activities. Overall, facial fractures in the pediatric population comprise less than 15% of all facial fractures^{3,10,41,42,133}. They are rare below age 5 (0.6–1.4%)^{3,8,10,21,45,49,64,68,83,88,96,99} and their incidence rises as children begin school^{7,83,90}. Another peak in incidence occurs during puberty and adolescence with increased unsupervised physical activity and sports^{3,8,48,96,107,108,117,133}. Seasonal variations are reported with peak frequencies during summer months (except for skiing injuries) when outdoor activity is greatest^{21,33,48,90}.

Gender

The incidence of facial fractures is higher in boys than in girls worldwide and in all age groups. This male preponderance, which has remained constant over time¹²³, ranges from 1.1:1 to 8.5:1^{3,7,9,10,20,21,29,34,36,41,42,47–49,55,57,62,69,71,76,83,88,90,104,108,110,116,117,119,133,134} and has been attributed to greater and more dangerous physical activities among boys^{19,90–92,134}. In younger age groups, gender differences are less significant and the etiologies are similar in both sexes.

Etiology

Falls, sports-related injuries and RTA constitute the most frequent causes of facial fractures in children^{7,21,49,52,55,62,83,88,90,96,133}. The percentage of the various etiologies reported depends on the age groups examined and on the types of fractures included (e.g. children below age 18 years versus those below 6 years; inclusion or exclusion of dentoalveolar and/or nasal fractures). While young children usually sustain injuries from low-velocity forces (e.g. falls), older children are more likely to be exposed to high-velocity forces (e.g. in RTA, sports-related trauma). High-velocity maxillofacial injuries in infants and young children may be under reported because of their high mortality from concomitant neurocranial injuries.

In infants and preschool children (up to age 6 years), falls in the home environment are the most common etiology of facial fractures^{17,21,48,49,55,57,109,134}. With increasing age and outdoor exposure, falls

tend to occur outside the protected area of the home and parental supervision⁸³. As motor skills improve, sporting injuries become more common. Most sports-related facial fractures occur in children 10–14 years of age^{20,39,48,91,110,111,113}.

Motor vehicle accidents (MVA) are the leading cause of death in children after the perinatal period¹¹⁵ and the incidence of MVA-related maxillofacial injuries increases with age⁷⁹. Similarly, involvement in a RTA as a pedestrian or bicyclist is also a common cause of facial fractures in children 6 years of age and above^{21,29,44,55,71,88,90,116}. In contrast to adults, interpersonal violence is a rare cause of facial fractures in children. These injuries occur more commonly in adolescents^{9,21,52,90,134}.

Facial fractures are seen in 2.3% of victims of child abuse⁸². Overall, the head, neck, face and mouth are involved in 50–75%^{6,15,130} of such cases. Victims of child abuse can be found in all age groups, but the groups most prone are newborns, infants and preschool children^{26,50,82}, particularly boys. The perpetrators are parents or caretakers in 90% of the cases, especially in young children⁸². Repeated injuries and multiple injury sites with inadequate history or delayed presentation should raise suspicion of possible abuse. In most developed countries, the law requires that emergency room personnel, surgeons and other caregivers report the suspicion of child abuse to the authorities.

Site and pattern

The site and pattern of a fracture depend on the inter-relationship between etiology and force of the injury, and the unique anatomic features of the child's stage of development. While infants (below age 2) are more likely to sustain injuries of the frontal region, older children are more prone to injuries of the chin/lip region¹⁰⁹. Children below age 3 usually sustain isolated, non-displaced fractures⁹⁰ caused by low-impact/low-velocity forces.

Dentoalveolar and nasal fractures are both very common in children and are often treated in the outpatient setting. Mandibular fractures are the most common facial fractures seen in hospitalized children^{1,11,12,21,32,53,55,70,88,90,96,107,117,134}. Their incidence increases with age^{28,45,90,96}. The condylar region is the most frequently fractured site^{19,21,28,36,45,55,83,96,133,134}, being affected bilaterally in about 20% of pediatric patients^{60,63,96,119}. Fractures of the condyle are more common in children than in adults (50% of mandibular fractures versus 30%)⁵⁵, because the highly vascu-

larized pediatric condyle and thin neck are poorly resistant to impact forces during falls. In children below 6 years of age, condylar fractures are more often intra- than extra-capsular in location. Above this age, most condylar fractures occur in the neck region¹¹⁹. Fractures in the condylar region are followed in number by symphysis, angle and body fractures, respectively^{21,83,96}. While body fractures are less common than in adults, symphysis and parasymphysis fractures of the mandible occur more often⁵³.

Midface fractures in children, usually resulting from high-impact and/or high-velocity forces (e.g. MVA), are rare^{52,55,64,69,83,96,99,103}. Zygomatic complex fractures are the most frequent, after maxillary alveolar and nasal injuries^{48,52,102}. Le Fort fractures (at all levels) are uncommon and are almost never seen before age 2. Children below age 6 sustain mostly alveolar fractures, acquired in low-impact falls and sports⁴⁸. Above the age of 5, as the maxillary sinuses continue to expand and the permanent teeth erupt, the incidence of midface fractures increases^{48,90,96}. The highest incidence occurs in children 13–15 years of age⁴⁸.

Orbital injuries constitute approximately 20% of pediatric facial fractures^{36,41,55,69,90}. They result from transmission of forces directly from a blow to the bony orbital ring to the thin orbital walls and/or indirect forces from a hydraulic pressure effect of displaced orbital soft tissues^{56,95}. Orbital roof fractures occur in young children, in whom the frontal sinus is still underdeveloped. These fractures are often associated with skull injuries.

Orbital floor fractures are more common in older children^{56,73,90}, in whom the maxillary sinus has expanded beyond the equator of the globe. The age at which the probability of an orbital floor fracture exceeds the probability of an orbital roof fracture is 7 years⁵⁷.

Fractures of the cranial vault in children are uncommon. The most commonly involved site is the frontal bone⁹⁰ (children below age 6) because of its relatively prominent position⁶⁹. At age 6, the frontal sinus measures less than cherry-size and has not yet reached the orbital roof¹²⁶. Thus, involvement of the frontal sinus is not seen below this age¹³¹. With increasing frontal sinus pneumatization during pubertal development¹³¹, the incidence of frontal sinus fractures increases. Frontal bone fractures are often associated with other facial fractures and significant injury of the central nervous system¹³¹.

The nasal bones are the least resistant of the facial skeleton⁸¹. This, combined with

the relative prominence of the nose, which increases with growth, makes it most likely to sustain injury in older children^{7,22,55,62,78}. Yet, nasal fractures are not listed among the most common pediatric facial fractures^{9,21,69,88} in studies from large trauma centers, because the majority of these children are seen and treated in an office setting, or because nasal fractures are grouped among midface^{52,62,90,134} or fronto-naso-ethmoid¹⁰⁷ fractures. When evaluated separately, nasal fractures make up approximately 50% of all facial fractures in children^{7,55}.

Concomitant injuries

Patients with multiple trauma often have facial fractures and conversely patients with facial fractures often have other concomitant injuries⁹⁸. Associated injuries are seen in 25–75% of children with facial fractures^{36,41,43,47,48,57,68,69,72,76,90}. These include closed head trauma, neuro-cranial injuries, temporal bone fractures, extremity fractures, abdominal, thoracic and spine injuries as well as dental injuries and soft tissue lacerations.

Children who sustain facial injuries in high-impact MVA are at increased risk for associated injuries⁴⁸. Those with mandibular^{55,77} or midface^{36,41,43,47,48,90} fractures have a higher incidence of associated injuries (chest, abdomen, extremity and cervical spine)^{59,69,71,132} than children with nasal or orbital fractures. The high energy required to produce fractures of the mandible and midface is probably responsible for this phenomenon. Finally, the more comminuted a facial fracture, the greater the likelihood of an associated systemic injury⁹⁰.

Preventive measures

Preventive measures are geared to reducing the number of accidents and/or minimizing the severity of injuries. The incidence, severity and mortality of CMF injuries in adults and children can be reduced significantly by using seat restraints^{4,51,66,105,120,122,124}. However, compliance varies and is usually low^{10,31,47,79,125}, particularly among young males, who are in the population most at risk. Approximately 50–70% of all children sustaining injuries in MVA and up to 70% of children sustaining facial fractures are unrestrained^{4,79,105,123,124}.

Conventional seat belts may not offer proper protection for the pediatric passenger, because the anterior superior iliac spine is incompletely developed and the center of gravity is located higher in children than adults. There is a greater body

mass above the waist and therefore conventional seat belts may cause abdominal and thoracic injury in a child¹⁰⁶. With age-appropriate restraints, protection is improved and restraint-related injury patterns do not occur¹²².

In sports, the use of preventive measures is less frequent than in motor vehicles. Most children with head injuries in bicycle-related accidents were not wearing protective helmets at the time of injury^{83,91,92}. The design of currently available helmets may reduce the risk of head and midface injury. However, they may not provide enough protection against mandibular fractures^{1,118}.

The importance of preventive measures should be emphasized. Supervising adults, i.e. coaches, administrators, teachers and parents should be educated. Children should be encouraged to develop appropriate habits (e.g. related to wearing a helmet) at an early age, because incidence and severity of sports-related injuries are inversely related to skill level and age^{13,110}.

Diagnosis of facial fractures in children

Pediatric facial fractures are sometimes not suspected or overlooked in the emergency room. The injuries are uncommon so the index of suspicion may be low. Sometimes the history is difficult to obtain from a child and the accompanying caretakers may not have witnessed the accident. Clinical signs and symptoms are the same as in adults. Thorough clinical examination, however, may be impossible in the uncooperative young trauma patient. Wide suture lines and the elasticity of the bone may mimic fracture gaps on palpation. Plain radiographs are less helpful than in adults, particularly in the midface region where poorly developed sinuses and tooth buds occupy space and obscure skeletal anatomic landmarks^{61,65,86}. CT scans greatly increase diagnostic accuracy and have become the standard of care for imaging pediatric MF trauma victims^{47,90}.

Management of facial fractures in children

General considerations in the young trauma patient include maintenance of the airway, balance of fluid and electrolyte levels and adequate nutritional intake during treatment. Children are often as cooperative as adult patients, when treated with respect to their developmental age⁵⁴.

As in adults, the pre-injury skeletal and dentoalveolar anatomy and function are

re-established by anatomic reduction of fractures based on the occlusion^{23,30}. Children have greater osteogenic potential and faster healing rates than adults^{52,65}. Therefore, anatomic reduction in children must be accomplished earlier^{46,73} and immobilization times should be shorter (2 weeks versus 4–6 weeks in adults)^{3,41,83}.

Fracture immobilization and fixation, when required, can be achieved with maxillomandibular fixation (MMF) or internal skeletal fixation or a combination of these, depending on the type of fracture and the patient's stage of development. MMF, using the teeth, may be more difficult than in adults. Fewer teeth may be available, roots of deciduous teeth may be resorbed, the surfaces are not retentive for etching-techniques and the crowns of deciduous incisors and canines and partially erupted permanent teeth may be unfavorably shaped for the fixation of interdental wires and arch bars¹⁰¹. On the other hand, intraosseous tooth buds and (erupting) teeth in the line of fracture should not be traumatized during placement of screws and plates.

While non-displaced fractures can be treated by observation, combined with a liquid to soft diet and analgesics as needed, displaced fractures often require closed or open reduction and fixation^{21,69,90}. Generally, the need for surgical intervention is more likely in older children⁶⁹.

Rigid internal fixation in children

Until the mid-1970s, closed reduction and immobilization with MMF was used for all types of pediatric fractures^{40,100,103}. Today, open reduction and rigid internal fixation (ORIF) has become the standard of care for management of displaced fractures. ORIF provides stable three-dimensional reconstruction, promotes primary bone healing, shortens treatment time and eliminates the need for or permits early release of MMF. Decreased dependence on MMF improves postoperative respiratory care, nutritional intake and oral hygiene measures⁹⁰.

Controversy regarding the use of rigid internal fixation in growing children arose because of cost, potential artifacts on CT scans or magnetic resonance images, palpability or visibility of plates through the child's thin skin, pain and early or late infection. Particularly in children, tooth buds or erupting teeth may be traumatized, plates or screws may migrate with risk of dural penetration, cerebrospinal fluid leak, meningitis or even brain injury after translocation through the inner cortex of the

skull, and finally, growth may be disturbed^{14,18,25}.

The effects of rigid fixation on craniofacial growth are incompletely understood. Animal experiments in dogs⁶⁷ and rabbits^{35,87,129} have shown adverse effects, which may be overcome by compensatory regional bone growth^{35,75,129}. It has been difficult to determine whether the initial trauma, the surgical procedures for reduction and fixation, or hardware removal, have had the greatest adverse effect on growth^{24,58}. Although in humans, adverse effects have not been reported^{46,102}, it is recommended that plates should not traverse suture lines or the midline of the mandible. Furthermore, plates and screws should be removed as early as 2–3 months after placement^{18,45}. In the future, resorbable implants might offer an alternative to metal devices in the growing skeleton^{38,74,127}.

Mandibular fractures

As in adults, clinical signs of mandibular fractures may include displacement of the fragments, mobility, crepitus, hematoma, swelling, mucosal tears, limited mouth opening, malocclusion, pain and sensory deficits in the distribution of the inferior alveolar nerve. In children, clinical suspicion of a fractured mandible is confirmed by panoramic, supplemented by posterior–anterior, lateral oblique and occlusal radiographic views. CT scans may be indicated in condylar fractures to help determine three-dimensional displacement of the condyles. Treatment of mandibular fractures in children depends on the fracture site and the stage of skeletal and dental development^{54,65}.

Fractures of the mandible limited to the alveolar process are treated by open or closed reduction and immobilization by splints and arch bars for 2–3 weeks. Rarely, long-term mono-maxillary immobilization (via splinting) for up to 2 months is indicated to prevent malocclusion¹¹⁷.

Mandibular fractures without displacement and malocclusion are managed by close observation, a liquid to soft diet, avoidance of physical activities (e.g. sports) and analgesics.

Displaced mandibular fractures need to be reduced and immobilized. When tooth buds within the mandible do not allow internal fixation with plates and screws⁷⁷, this can be achieved with a mandibular splint fixed to the teeth, to the mandible (with circum-mandibular wires, Gunning splint) or a splint with MMF (Fig. 1).

Displaced symphysis fractures can be treated by ORIF through an intraoral inci-

sion after age 6, when the permanent incisors have erupted. ORIF in parasymphysis fractures is feasible, when the buds of the canines have moved up from their inferior position at the mandibular border after age 9. Similarly, in body fractures, the inferior mandibular border can be plated, when the buds of the permanent premolar and molar have migrated superiorly toward the alveolus⁵⁴ (Fig. 2). Growth abnormalities in fractures of the mandibular body are rare¹⁰⁴.

Most condylar fractures are treated with observation or closed reduction and a short period of MMF for no more than 7–10 days. MMF is usually followed by a period of physical therapy consisting of mandibular opening exercises guided by elastics to promote remodeling of the condylar stump and prevent ankylosis. Although open reduction of condylar fractures avoids MMF and may improve functional outcome²⁷, most authors recommend closed reduction. Minimally invasive techniques like ORIF of condylar fractures under endoscopic visualization may gain acceptance¹²¹ (Fig. 3).

Frequent postoperative follow-up is recommended to detect and treat early complications such as infection, malocclusion, malunion or nonunion which are fortunately rare in children. However, children must be monitored longitudinally for late complications such as damage to permanent teeth, which may occur in 50% of mandibular fractures, temporomandibular joint (TMJ) dysfunction (recurrent subluxation, noise and pain, limited condylar translation, deviation on opening, ankylosis) and growth disturbances (e.g. secondary midface deformity, mandibular hypoplasia or asymmetry)¹⁰⁴.

Midface fractures

The diagnosis of pediatric midfacial fractures is based on the history, physical examination and imaging techniques. Physical findings may include: pain on palpation, facial asymmetry, particularly when the patient is examined from below or behind, periorbital swelling, monocular or binocular ecchymosis or hematoma, chemosis, enophthalmos, decreased and painful ocular mobility, diplopia, blurred vision, and sensory abnormalities in the distribution of the infraorbital nerve (V₂). Abnormalities of extraocular muscle movement should be confirmed by a forced duction test and all patients with orbital injuries should be examined by an ophthalmologist to rule out injuries to the globe and retina. Patients may also exhibit painful limitation of mouth opening due to

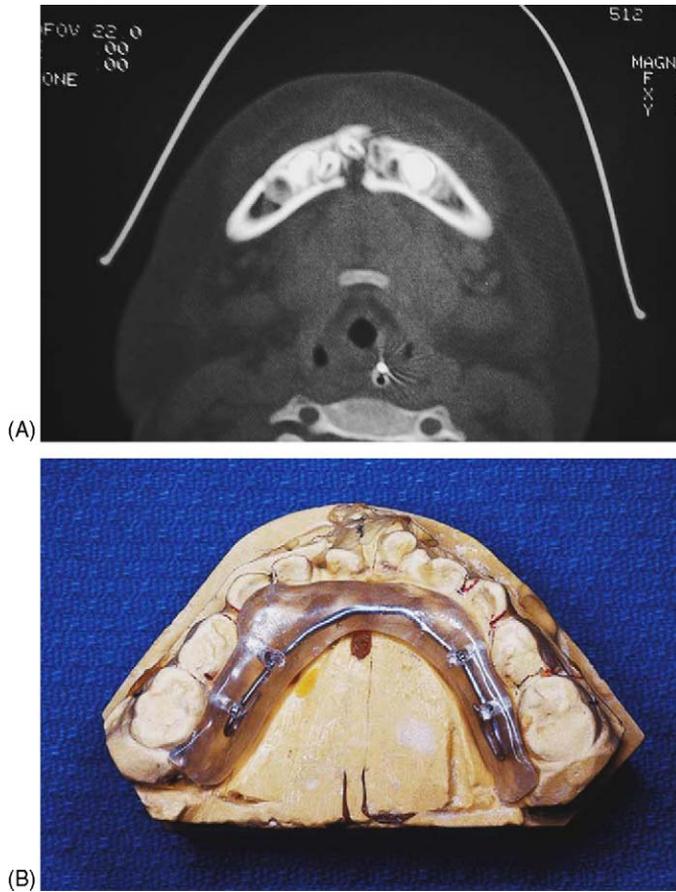


Fig. 1. (A) Occlusal radiograph of symphyseal fracture, (B) treated using a lingual splint. The splint can be wired to the teeth (preferably) or stabilized with circummandibular wires (from BAUMANN et al., p. 451¹²).

impingement of the zygomatic arch on the coronoid process and pain upon forced occlusion (zygoma fractures). When the nose, nasoethmoidal complex and maxilla are injured there may be telecanthus, epistaxis, nasal airway obstruction, nasal swelling and deviation, septal deviation and hematoma, malocclusion and elongation of the middle third of the face (Le Fort

injuries). Mobility of the maxilla at the dentoalveolar arch (Le Fort I level), at the infraorbital rim and nasofrontal suture (Le Fort II level), or at the frontozygomatic and nasofrontal sutures (Le Fort III level) may be palpable.

CT imaging has become the standard of care in the diagnosis of pediatric midface fractures⁴⁷. Plain radiographs are not use-

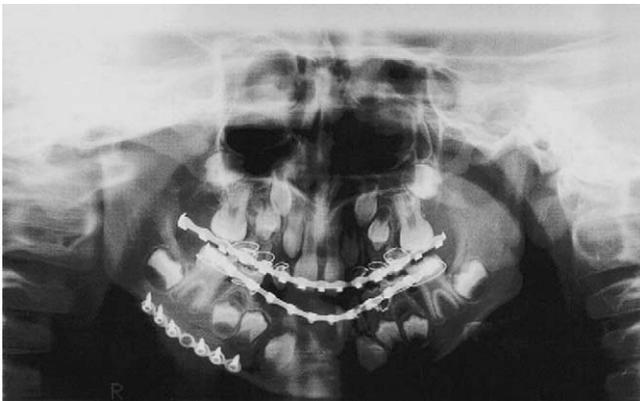


Fig. 2. Panoramic radiograph shows miniplate fixation of a mandibular fracture at the inferior border. The arch bars were used for stabilization of the dentoalveolar segments (photographs courtesy of Dr. Meredith August) (from BAUMANN et al., p. 453¹²).

ful because midface fractures are easily overlooked⁶⁵ and obscured by lack of pneumatization of the sinuses and the presence of tooth buds in the maxilla^{61,65,86}. Diagnosis of zygomatic arch fractures on a typical submental vertex view is impeded by the superimposition of the skull⁶¹.

Zygomatic complex fractures

Zygomatic complex fractures without displacement and functional deficits such as diplopia or sensory deficits may be treated by observation⁹⁰. Open reduction and internal fixation is indicated in comminuted fractures⁸⁹ and in cases of esthetic and functional impairment. The most common problems associated with zygomatic complex fractures include: facial asymmetry, enophthalmos, anesthesia or paresthesia in the distribution of the infraorbital nerve (V_2), orbital floor defects with entrapment of orbital soft tissues with or without limitation of eye movement^{33,85} (Fig. 4).

Treatment should be performed as soon as the initial edema has resolved, i.e. after 3–5 days. Delay of orbital repair may result in higher rates of posttraumatic enophthalmos and the need for additional orbital or muscle surgery³³.

Access to the lines of fracture should be achieved in children via the lateral upper eyelid incision (frontozygomatic suture line), the lower eyelid, infraorbital, or transconjunctival incision (infraorbital rim and orbital floor), and the transoral buccal sulcus approach (zygomatic buttress). Contrary to adults, one-point fixation at the frontozygomatic suture may suffice in children, because of shorter lever arm forces from the frontozygomatic suture to the infraorbital rim⁷⁷.

Reduction may be achieved via a transoral approach at the zygomatic buttress. Plating at the zygomatic buttress may carry the risk of traumatizing maxillary tooth buds, particularly in children below age 6¹⁶. Therefore, exposure of the frontozygomatic suture and/or infraorbital rim may be indicated to apply plate and screw fixation. Microplates are often sufficient in children. When soft tissue is entrapped at the orbital floor, or when sensory deficits suggest involvement of the infraorbital nerve, exploration of the orbital floor is required.

Primary reconstruction of the orbital floor is indicated, when unretrievable bony fragments have disappeared into the maxillary sinus leaving a defect. Autologous bone grafts are preferred over alloplastic materials in children.

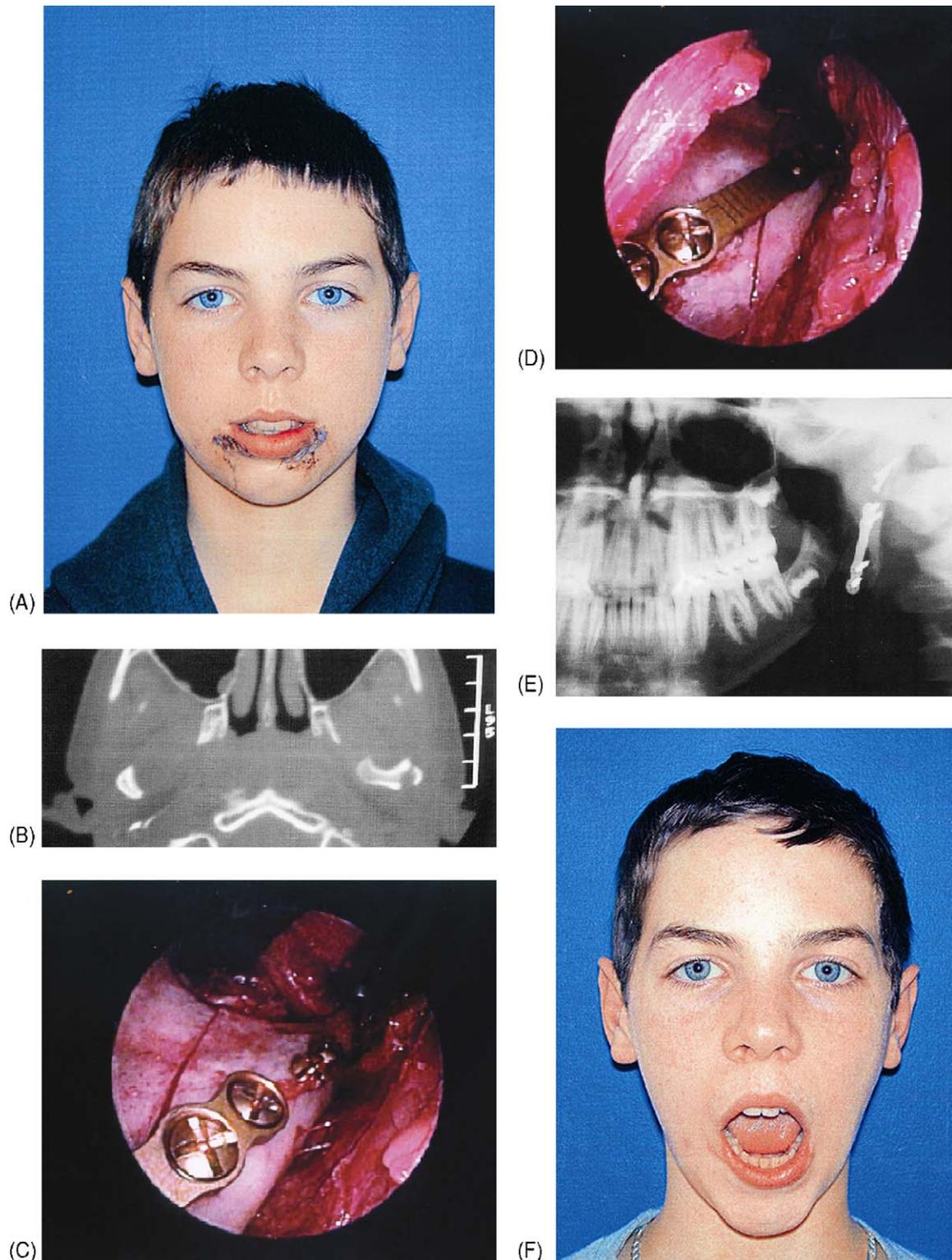


Fig. 3. (A) Frontal photograph of 15-year-old boy who suffered a left subcondylar fracture while snowboarding. He was treated with a 7-day course of maxillomandibular fixation. On attempt to remove the wire fixation he had a severe contralateral open bite and severe pain (requiring replacement of the MMF). He was referred to the MGH OMFS clinic. (B) Axial CT scan confirms that the left condyle was dislocated out of the fossa. Endoscopic views (C and D) show the condylar stump well-reduced and fixed with 2, 2.0 screws. The proximal ramus was then fixed to the mandible with a 2.0 plate. The postoperative panoramic radiograph (E) shows the proper alignment of the ramus/condyle unit. Postoperative frontal photograph (F) shows good symmetry and a normal interincisal opening with no deflection (from BAUMANN et al., p. 458–459¹²).

For isolated zygomatic arch fractures, a Gillies temporal approach can be used to elevate the arch and reduce the fracture. Zygomatic arch fractures are usually stable without further fixation⁵². In frontonasothmoid or Le Fort III fractures, the zygomatic arch is usually approached via a coronal incision. The arch is rigidly fixed to restore the proper bitemporal skull width.

Orbital fractures

Indications for early open reduction via a transconjunctival⁷⁷, infraciliary⁵², or infraorbital incision are, identical to zygomatic complex fractures. The overall goal is to restore orbital volume and to free

incarcerated soft tissues. Primary orbital floor reconstruction with autogenous calvarial bone or split rib may be necessary in large orbital floor defects. Severely displaced orbital roof fractures may need an interdisciplinary neurosurgical (transcranial) approach⁹⁰.

Frontal skull and frontonasothmoid fractures

Most patients require operative treatment to reestablish sinus anatomy and ventilation. A coronal approach offers wide exposure including the orbital rims, zygomatic arches and nasal root for reduction and microplate fixation of comminuted

fractures. When severely disrupted, the sinus mucosa should be ablated and drainage via the natural ostium and nasofrontal duct should be ensured by means of a tracheal spiral catheter for several weeks to prevent mucocele formation¹¹⁴. In posterior frontal sinus wall involvement, an interdisciplinary neurosurgical approach is necessary.

In frontonasothmoid fractures the medial canthal ligament, usually still attached to a bony fragment at its insertion, must be repositioned and fixed with¹²⁸ or without⁸⁹ microplates or transnasal wires to avoid telecanthus. Calvarial bone grafts and primary stenting of the nasolacrimal duct may be necessary in severely comminuted fractures.



Fig. 4. Young boy who sustained a blow to the left cheek. (A) Frontal and (B) submental photographs illustrate the typical findings of a zygomatic complex fracture: periorbital ecchymosis (mild in this case), antimongoloid slant of the lateral canthus, depression of the cheek. (B) Submental view better illustrates the marked cheek depression. (C) Computed tomographic image demonstrates fracture at anterior maxillary wall and a fluid-filled antrum. (D) Intraoperative photograph shows the access via an intraoral, vestibular incision, the good reduction (achieved in this case with a Carroll-Gerard screw) and rigid internal fixation using 2.0 mm plates (Synthes Maxillofacial, Paoli PA). (E) Frontal and (F) Submental photographs, 1 year postoperatively, demonstrate symmetry of the zygomas. (G) Postoperative Water's view confirms the proper reduction and symmetry (from BAUMANN et al., p. 431¹¹).

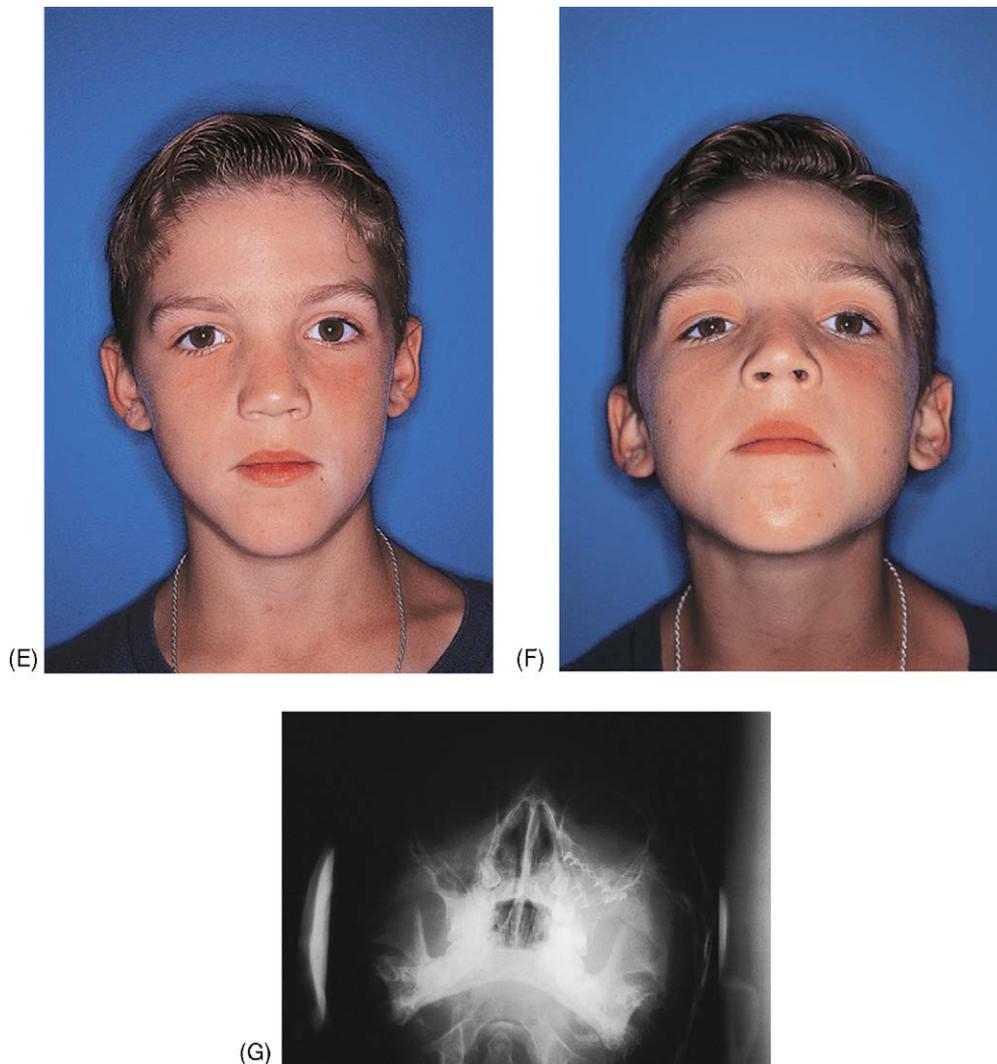


Fig. 4. (Continued).

Le Fort fractures

Displaced midface fractures are treated by open reduction and rigid internal fixation with plates and screws (when damage to the tooth germs or erupting teeth can be avoided⁹⁰) utilizing coronal, infraciliary or transconjunctival, and intraoral incisions. Intermaxillary fixation and suspension from the zygomatic arches or piriform aperture for 2–3 weeks^{52,77} may be used in very young children.

Nasal fractures

The diagnosis of a nasal fracture is based on the history and physical examination. In children, these fractures are easily missed; because physical examination (e.g. intranasal exam with a speculum) may be difficult, crepitation of the resilient bones may be missing and edema may conceal deviation of the nasal dorsum.

Septal hematoma, although extremely rare, constitutes an emergency, because it requires immediate drainage to prevent septal cartilage necrosis with subsequent saddle nose deformity and potential mid-face growth retardation.

In a displaced fracture, accurate anatomic reduction should be carried out within 7 days⁵². However, unlike in adults, surgical reconstruction is contraindicated in the growing child⁴¹. In most cases, anatomic realignment, hemostasis and fixation are achieved under general anesthesia by closed reduction⁹⁰, bilateral intranasal packing or splinting for 2–3 days and an external splint for 10–12 days. In newborns, who are obligatory nasal breathers, the use of bilateral nasal packing should be avoided. As facial swelling decreases, the external splint may loosen and have to be renewed for sufficient stabilization. Rarely, open reduction is

required. Tissue injury must be kept to a minimum⁷⁰.

Complications

Postoperative infection, malunion or non-union are rare in children because of the child's greater osteogenic potential, faster healing rates, and the less frequent requirement for open reduction and rigid internal fixation. Furthermore, a greater number of fractures are minimally to non-displaced. The complications listed previously usually occur only in pediatric patients with severely comminuted fractures^{40,41,68,116}.

Malocclusion as a complication of pediatric facial fractures is rare⁴¹. It has been attributed to short fixation times in alveolar fractures¹¹⁷ and may be caused by growth abnormalities after condylar fracture^{40,69}. Spontaneous correction of malocclusion is seen as deciduous teeth shed

and permanent teeth erupt¹¹². Growth disturbances are reported in 15% of TMJ fractures¹⁰⁴. They are more likely to occur in intracapsular condylar crush injuries, particularly below 2.5 years of age⁶⁴. In these cases, mandibular asymmetry by compensatory growth with overgrowth (in 30%) or dysplastic (under-)growth (in 22%) are more common than a symmetric mandible (in 48%) resulting from compensatory overgrowth on the affected side^{63,94}.

The incidence of TMJ ankylosis with or without growth retardation is reported in 1–7% of condylar fractures^{5,55,83}. The risk for ankylosis is higher with bilateral condylar fractures, in children between age 2 and 5, if treatment is delayed³, or MMF is prolonged⁸³. At an early age (e.g. before age 3), the cumulative effects of continued abnormal or asymmetric growth due to TMJ ankylosis are particularly high¹⁰⁰. When developing after age 12, ankylosis-related abnormalities in facial growth rarely require surgical correction²⁸. TMJ ankylosis is best prevented by short immobilization and consecutive active mobilization of the TMJ in condylar fractures^{60,63}.

Overall, complications of midface fractures are rare. They include interorbital widening, nasolacrimal obstruction, telecanthus and nasal collapse in nasoethmoidal fractures; encephalocele and globe protrusion in orbital roof fractures; enophthalmos, persistent diplopia from orbital soft tissue entrapment or scar cicatrization of herniated orbital contents in orbital floor fractures. With early and adequate surgical treatment, midfacial growth disturbances are rare^{46,48,68}.

Among the potential complications after nasal trauma are nasal deformity, stubby nose, septal deviation, nasal airway obstruction, and growth disturbances due to involvement of the nasoethmoid and/or septovomerine sutures^{80,84,93}. Secondary rhinoplasty may be required for esthetic and/or functional reasons⁵⁵. Strictly cosmetic rhinoplasty may be delayed until after completion of growth.

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